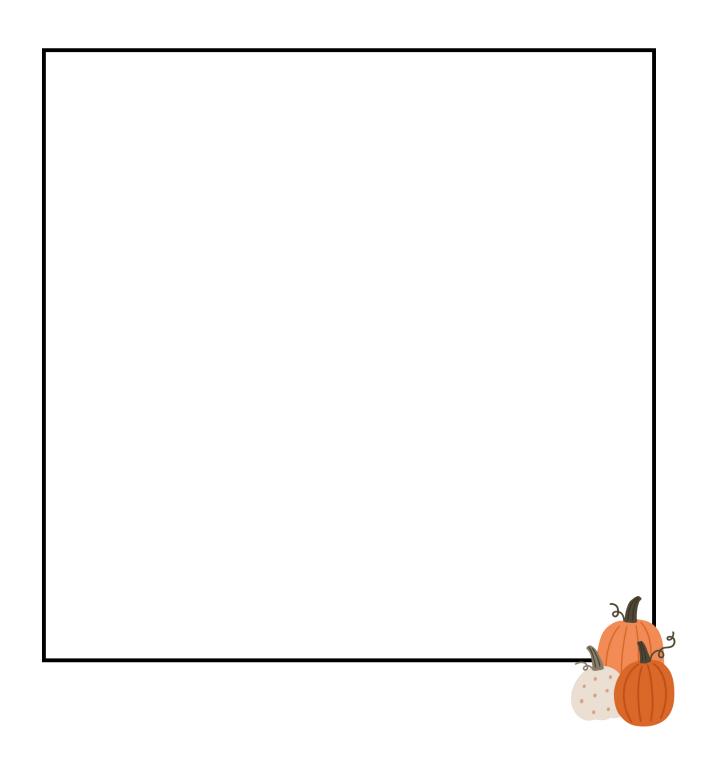
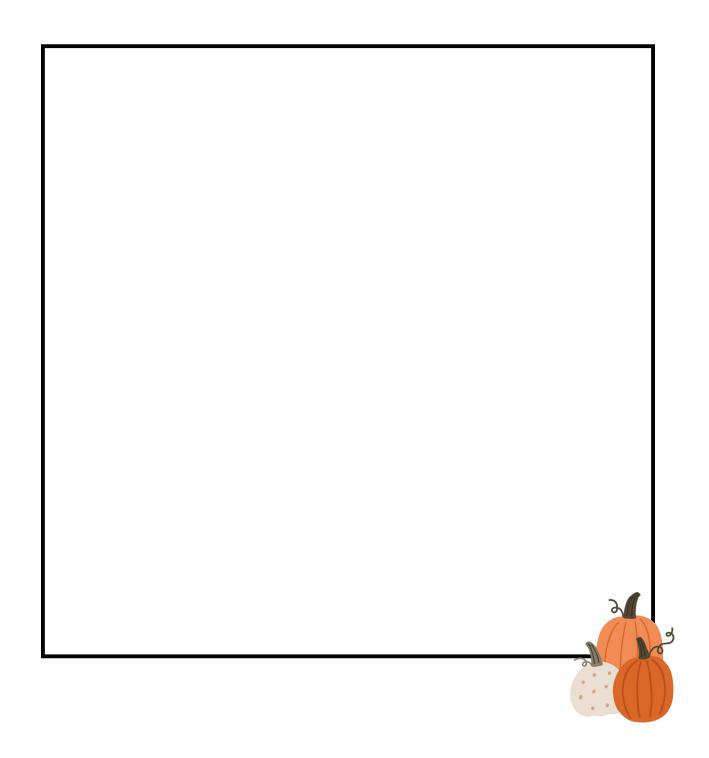


What were three highlights of this past year that made you smile?



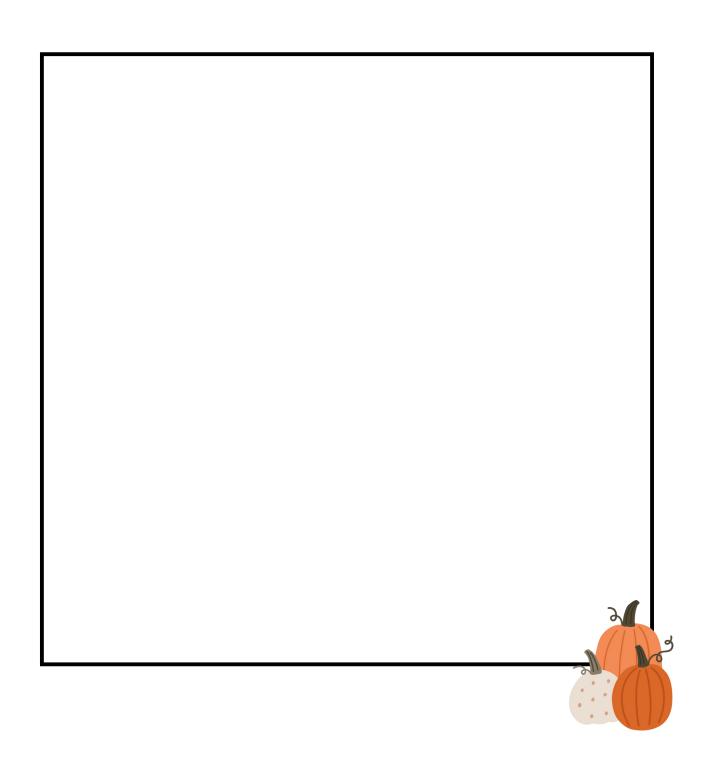


Name one lesson you learned in the last year that you're grateful for.



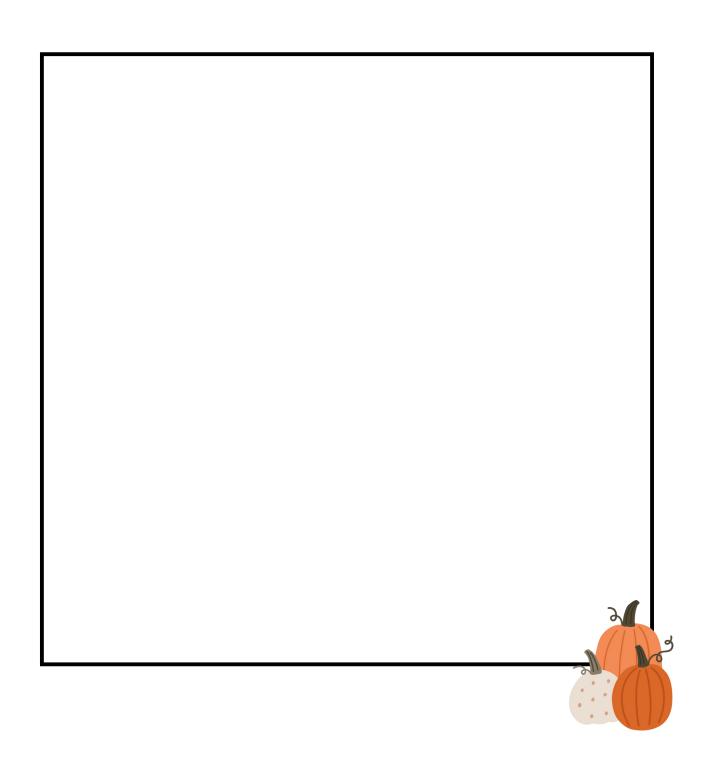


Who were the most supportive people in your life this year?



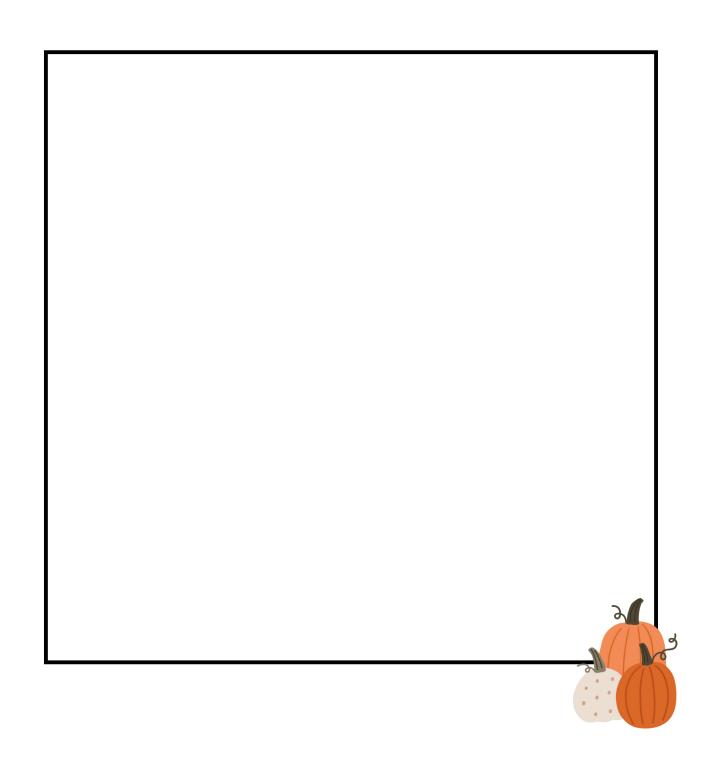


What is one challenge you faced, and how did it help you grow?



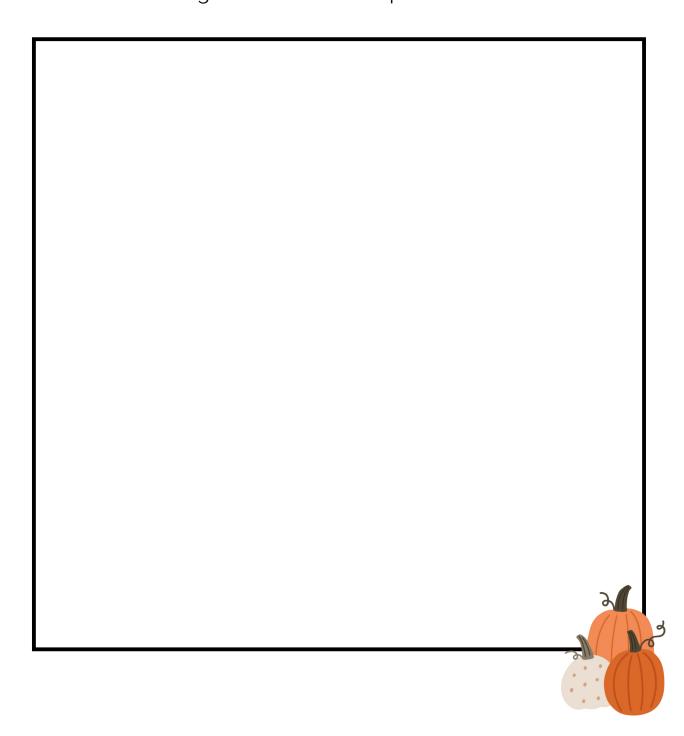


Recall a special moment you shared with friends or family this year.



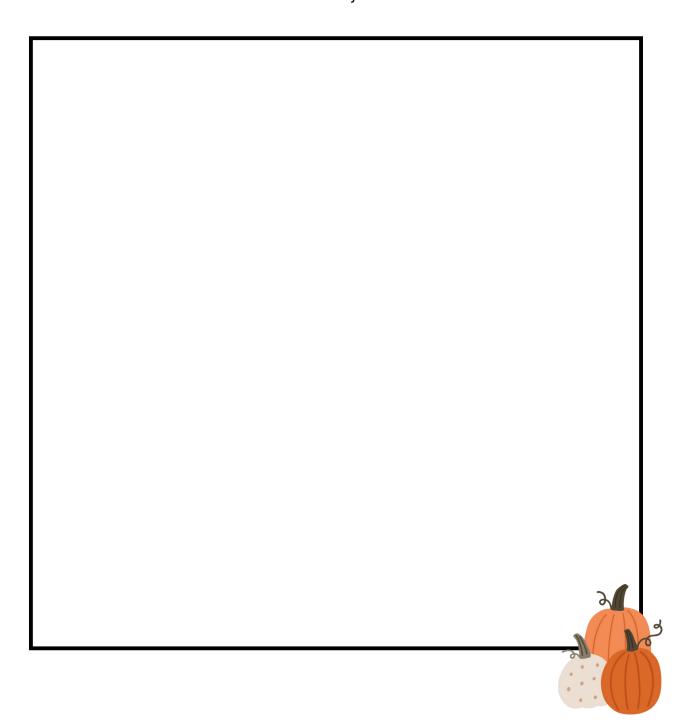


Reflect on a significant change you made this year. What are you grateful for in that experience?



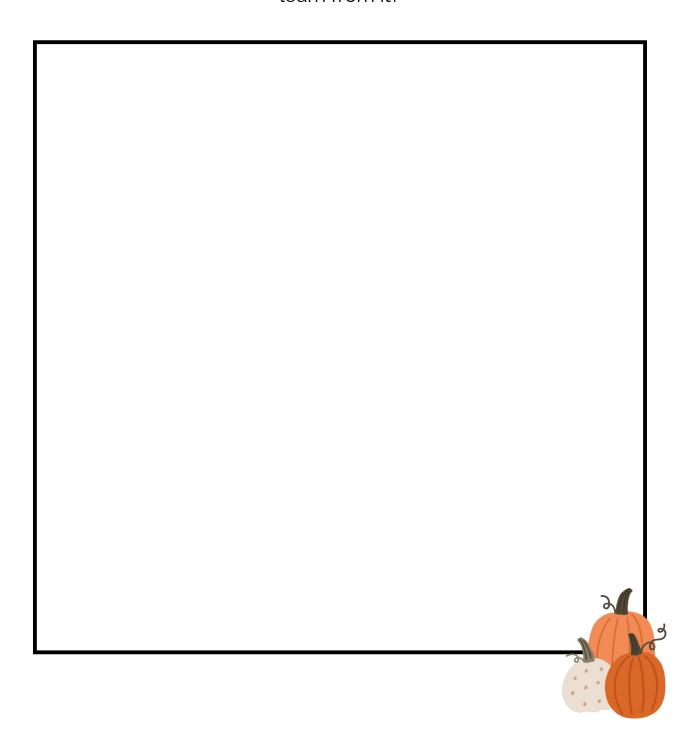


Write about a time you stepped out of your comfort zone. How did it benefit you?



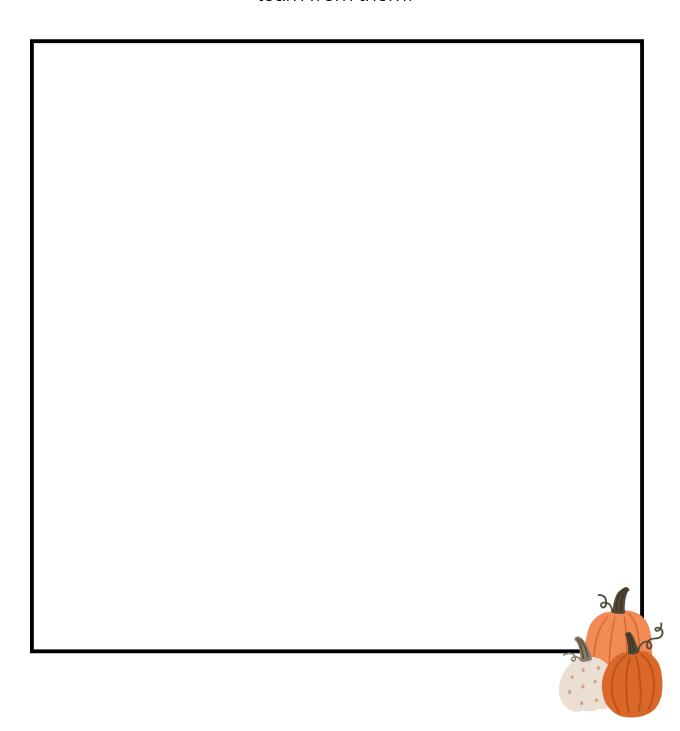


Think of a difficult situation that turned out positively. What did you learn from it?



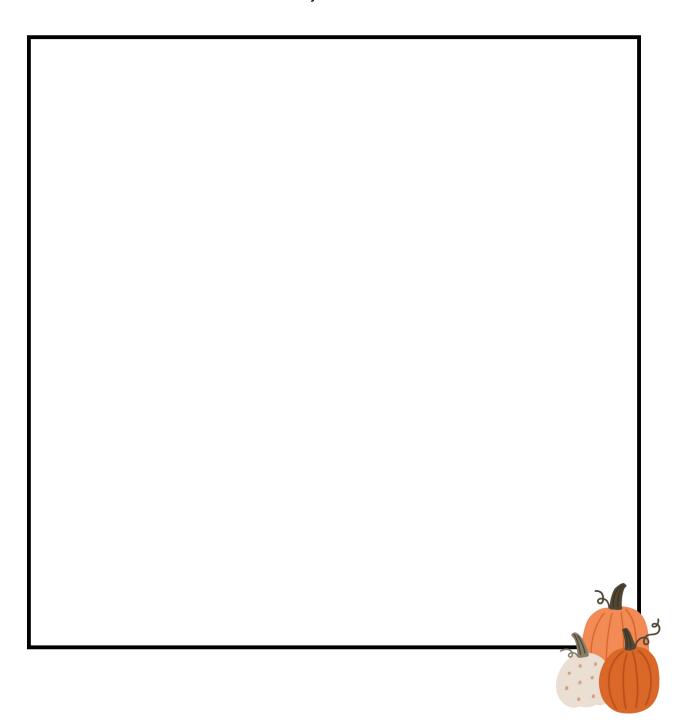


Who had the biggest impact on your life this year, and what did you learn from them?



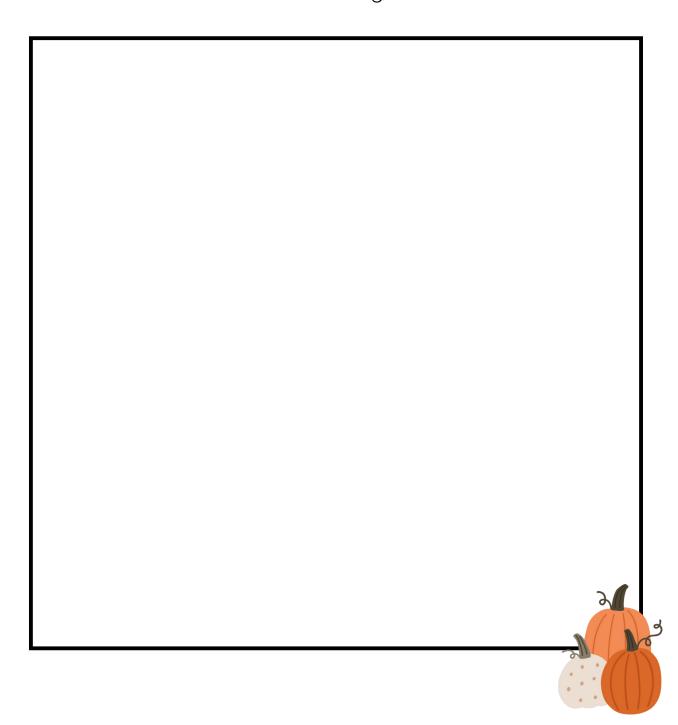


What personal achievements are you most proud of from the past year?



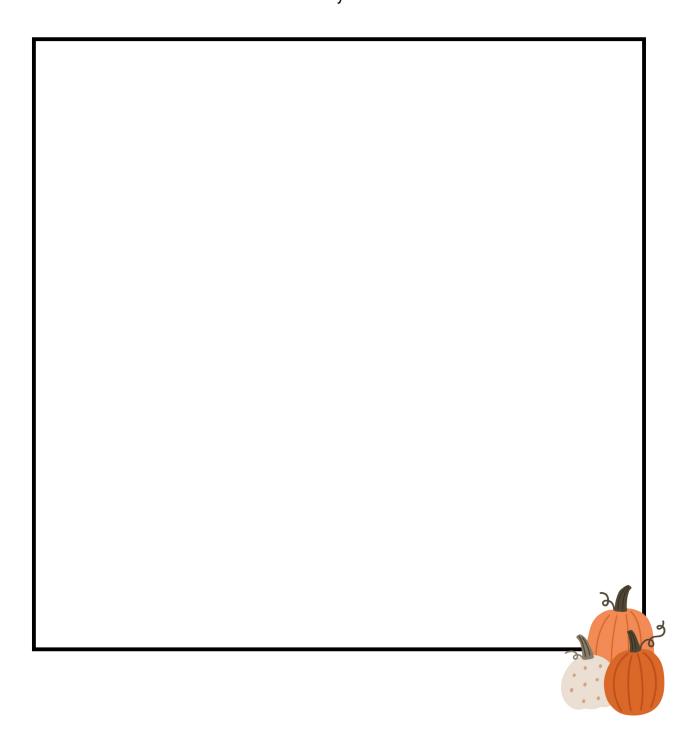


Describe a moment when you felt truly content. What contributed to that feeling?



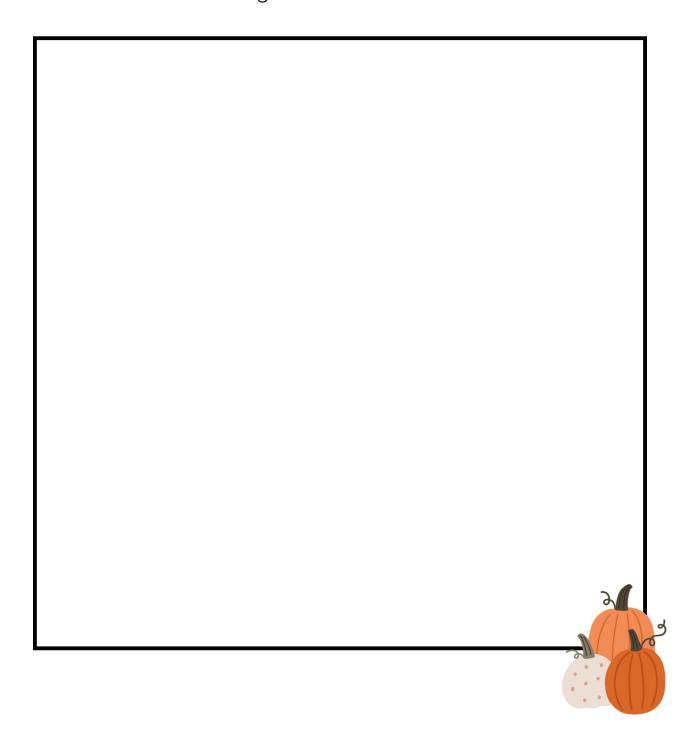


Write a letter to your past self, reflecting on what you're grateful for this year.



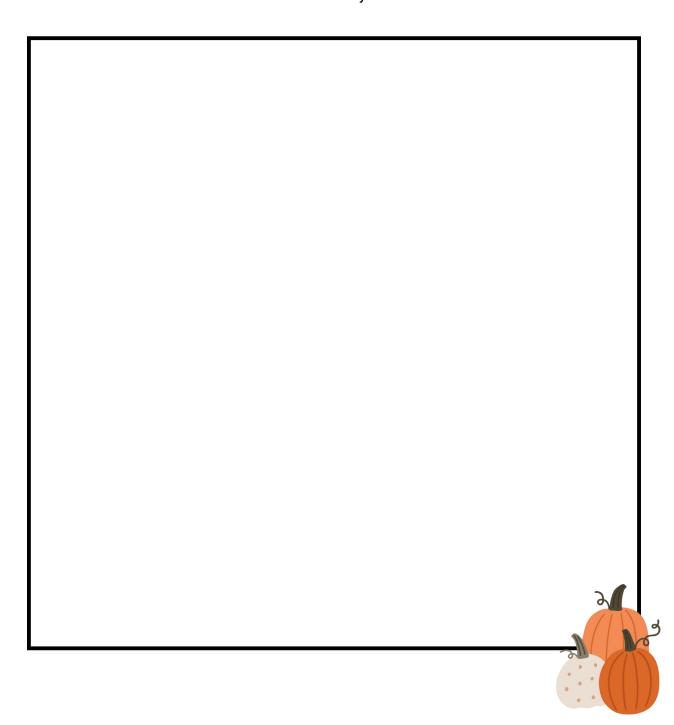


What hobbies or activities brought you joy this year? Why are you grateful for them?





Consider your growth over the past year. What changes are you thankful for in yourself?





As the year comes to a close, what intentions or goals are you grateful for achieving?

